

# Prairie Pedaler

August 2008  
Volume 08 Issue 2

## Saskatchewan Cycling Association,

2205 Victoria Ave, Regina, SK S4P 0S4 [www.saskcycling.ca](http://www.saskcycling.ca) [cycling@accesscomm.ca](mailto:cycling@accesscomm.ca) 306 780 9299

### *President's Message, By Wayne Walker*

As with many of you, I spent the last week traveling from one side of our province to the other with cycling events. First was west to the Alberta border to Lloydminster for the 2008 Saskatchewan Summer Games. Once again this was a great event, and my congratulations go out to all of the athletes, coaches, managers, volunteers, and anyone else involved in the games. Tom Hawboldt in particular spent a great deal of time getting the venue (Mount Joy) ready for the games, and what a venue! I'm still surprised every time we find a new area to ride; at what great hills we have in what many consider to be a pancake flat province.

I was equally surprised to see the hills of the Qu'Appelle Valley around Esterhazy, when I travelled east for Sask. Cup # 5 Granny's Oak Twister. This venue was totally awesome, with a lot of good climbs, and lots of single track. The East Qu'Appelle Cartel did a great job as a first time race organizer. You can thank the Commissaires for finding the wasp nest during the prewalk, and taking the pain (literally) to see that it was gone prior to the race. The number of racers was a bit low, but this is to be expected the first year of any event, and I'm sure that after those that attended spread the word, the numbers will increase in the future. There were two of my favourite things available after the race, beer and ice cream, so I know I'll go again, given the opportunity.

The Moose Jaw Pavers also stepped up to the plate with new venues this year for the Spring Classic Road Race and the Provincial Road Race and 15km Time trial. Coming up this next weekend is another new race, the Frontier Classic Stage Race, hosted by the Swift Current Cycling Club. This race has lots of prize money up for grabs, which looks to be attracting a team effort from some of the clubs. This should prove to be an exciting weekend.

The GASP Qu'Appelle Trails Tour has already taken place, and the 2008 Road Tour is scheduled to take place this coming weekend. I look forward to hearing back from the Touring side of the SCA as to how things went this year. Hopefully all of you make it over the hill at St-Isidore-de Bellevue.

I'm sure a lot of us have been waiting, and anticipating as to how our Alex would do in the 2008 Olympics. It was a great disappointment to hear of Alex's crash in the road race. I can only imagine what a feeling it must have been for Alex. **Darn Rain!** I still have my fingers crossed for the time trial later this week, and wish you all the best Alex. We are all so proud of you, and to be able to claim you as a Saskatchewan rider.

It seems to be a trend developing to move farther a field within our province, searching out new and challenging venues. It is getting harder all the time to find decent pavement to ride within the province, so we need to make the effort to travel a little farther to the venues. For those who have been willing to travel, they have been rewarded by the calibre of courses. I continue to praise all of our race organizers and volunteers within our province for the work and efforts put into our sport.

Thanks and keep up the good work.

#### INSIDE THIS ISSUE

- 1 AGM Info
- 2 Sask Games result
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# Saskatchewan Cycling Association, 2008 Annual General Meeting Saskatoon, September 20-21, 2008

All Meetings will be held in the Board Room at 510 Cynthia Street.

## Saturday, September 20

- Cyclo-Cross #1 1:00 pm sign on
- 6:30-9:30 pm Sector Meetings - High Performance, Development; Recreation & Transp - review progress of this past year
- 9:30 pm Social - a time to reminisce about the cycling season!

## Sunday, September 21

- 9:30-11:30 am SCA Annual General Meeting
- 11:30-1:00 pm SCA Awards & Lunch
- 1:00-3:00 pm Sector Meetings - Note R & T meeting only if the business is not completed on Saturday.

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## Sask Cycling Association (SCA), 2008 Annual General Meeting (AGM), Proxy Form

I, \_\_\_\_\_, being a registered member of the SCA, do hereby give permission to \_\_\_\_\_, who is also a member of the SCA, to act on my behalf at the AGM on Sept 21/08.

Signature: \_\_\_\_\_ Club Affiliation: \_\_\_\_\_ Date: \_\_\_\_\_

### Article 8 VOTING

- Every member in good standing shall be entitled to one vote and may exercise his/her franchise on every resolution brought before the general meeting as well as in the election of the Board of Directors.
- Voting by proxy shall be permitted on Corporation forms or reasonable facsimiles, specific to the date of the Annual General Meeting. Proxy voting shall only be allowed for the purposes of voting on resolutions brought before the general meeting and not in the election of the Board of Directors and Committee members. amended Sept 2004



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### SCA, 2008 Annual General Meeting, Resolution Form

Be it resolved that the Board of Directors: be requested to; or investigate; or consider:

\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Club Affiliation: \_\_\_\_\_ Date: \_\_\_\_\_

**RETURN the resolution form to the SCA by September 1st, 2008**

## BCW Cycling is proud to present: 17 Weeks to Spring (WINTER TRAINING 2008-09)

### THE SESSIONS:

#### OPTION 1:

1x per week

Tuesday or Wednesday Nights Fully Coached Interval Sessions

Nov 18 - March 18 (no classes Dec 23<sup>rd</sup>, 24<sup>th</sup>, 31<sup>st</sup>)

Holiday Class offered Dec 30<sup>th</sup> (6:30 - 8:00 PM)

- General Aerobic Training (Base Aerobic)
- Maximum Aerobic Power Training
- Physical Testing to set your HR Zones
- General flexibility
- Core Strength Training
- Saturday Mini-Camps!!

#### OPTION 2

2x per week

Tuesday & Thursday Nights Fully Coached Interval Sessions

Nov 18 - March 19<sup>th</sup> (no classes Dec 23<sup>rd</sup>, 25<sup>th</sup>, Jan 1<sup>st</sup>)

Holiday Class offered Dec 30<sup>th</sup> (6:30 - 8:00 PM)

- See information above for class details
- Classes 2x/week
- Includes Mental Training & Relaxation Techniques

### REQUIREMENTS:

- Bicycle (Road, mountain or tri)
- Current SCA membership (any club). Forms at: [www.saskcycling.ca](http://www.saskcycling.ca)
- Wind-trainer - 6 wind-trainers are available to rent at an additional \$5.00 per session (entire season: \$85). 1<sup>st</sup> come, 1<sup>st</sup> served.
- Heart-rate Monitor - There will be 4 HR monitors available to use at the sessions - \$30 (entire season) - 1<sup>st</sup> come 1<sup>st</sup> served.
- An interest in getting faster and learning more about Sports Science!!!

TO REGISITER: Registration will be limited to approximately 25 participants for each session available. Classes sell out quickly.

- By mail - include form and cheque
- In person at Bruce's Cycle Works - 1104 Central Avenue - all forms of payment.
- Option 1 ((1x/week - Tues or Wed. only):
  - Early bird: payment received by **Sept 12<sup>th</sup>, 2008** = \$140.00
  - After Sept 12<sup>th</sup> until Nov 4<sup>th</sup> = \$165.00
- Option 2 (2x/week - Tues&Thurs classes )
  - Early bird: payment received by **Sept 12<sup>th</sup>, 2008** = \$200.00
  - After Sept 12<sup>th</sup> until Nov 4<sup>th</sup> = 225.00

\*Sign up someone new this year and you will receive \$10 back (for each person).

**Registration form next page**

Detach registration form and return with payment to: BCW Cycling, 1104 Central Avenue, Saskatoon, SK, S7N 2H1

**\*\*Registration is not guaranteed unless it is accompanied by payment\*\***

Registration Form - Please check the session you are registering for (print clearly):

**Option 1 (Tues or Wed)**

\_\_ Session 1: Tues 6:30 PM - 8:00 PM

\_\_ Session 2: Wed 6:00 PM - 7:30 PM

\_\_ Session 3: Wed 8:00 PM - 9:30 PM

**Option 2 (Tues & Thurs):**

\_\_ Session 1: 6:30 PM - 8:00 PM

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ SCA Member? \_\_\_\_\_ (Y/N)

Email Address: \_\_\_\_\_ (\*this is our main form of communication)

I'm new and this program was recommended to me by: \_\_\_\_\_

Class	Paid	Prices	Comments
Option 1 (Tues or Wed only)		\$140.00	Add \$25 if after Sept 12
Option 2 (Tues & Thurs)		\$200.00	Add \$25 if after Sept 12
HR Monitor Rental		\$30.00	Note: you require a HR monitor to participate in this program)
Wind Trainer Rental		\$85.00	Note: you require a Wind Trainer to participate in this program)
SCA Membership		\$40.00	Form at: <a href="http://www.saskcycling.ca">www.saskcycling.ca</a>
Total			Please add your amounts & total

PAYMENT: (Visa/MC add \$4.00):

Amount paid: \_\_\_\_\_

CHEQUE: (made payable to BCW Cycling)

CASH

VISA/MC Card Number \_\_\_\_\_ EXP date \_\_\_\_\_

## Xc8 8 Hour Enduro

Saskatchewan's largest mountain bike event is almost here. Block's Cycle XC8 is on September 6, 2008 at Buffalo Pound Provincial Park (the weekend AFTER the long weekend). The festivities including pre-ride and bonfire social are Friday night, with camping available on both Friday and Saturday nights. Camping is provided for all racers and volunteers.

Race day is of course the prime attraction, this season we have attracted racers from across the three Prairie Provinces and even British Columbia. For 8 hours, the teams and solo racers will ride the flowy trails of Buffalo Pound. The race for the podium is always highly competitive but there are always recreational riders on the trails who come for the atmosphere and after-party! Yahoo! The race course will be a challenge and will not be revealed until marking is complete by Friday evening.

There are some MEGA prizes from Blocks Cycle and Norco, including a Norco Faze1 bike frame and a Rockshox Sid fork, combined value for these two prizes is over \$2400! There is \$1000 in CASH prizes for our brave solo participants and additional thousands of dollars in draw prizes, giveaways, food, and more.

But the event doesn't end there. The after-party is on-site with a bonfire and optional night-lap (bring your lights). Chat with your friends and meet some new folks around the fire and enjoy a bevy.

The Downhill Event runs the next day at 10:00am with CASH prizes for the fastest racers on the most favorite trails, don't miss it. Details on the website.

Also, if you don't want to race but would still like to be part of the event, you're welcome to volunteer and reap the benefits and good times. We appreciate all our race-day helpers.

If you've been to XC8, you know why its Saskatchewan's largest mountain bike race. If you haven't tried it yet, you need to register and mark your calendar, it's just a great time. Registration by mail, or credit card. Please register early and save money, current registration is \$50 for solo and \$40 for each team member.

Complete details, a list of what to bring, and all the info you could want is available at <http://www.xc8.ca>

## Riders take a Bite out of Blackstrap

Susan Clarke

On July 20<sup>th</sup>, riders descended upon Blackstrap Provincial Park to show the ski hill what they were made of. This cross-country mountain bike course offered fast double-track, gnarled, tight single track, and, as described by one racer, “every screaming-fast blind corner that the race organizer could find”. This race was held in conjunction with the CanAm Police/Fire Games so the pressure was on to put on a well-organized, fun event.

The day started out with the Mini-Biter Kids Mountain Bike race where young folks (and some of the older ones helping) rode the open, grassy course. Hotdogs and lemonade topped off the race and even the smallest competitor (age 5) looked like he had worked hard and had been well fed!

The main event started at 11:00 AM, as the day was beginning to heat up. With prizes for the fastest climber in each wave up for grabs, the competitors started off at a very fast pace. Unbeknownst to the racers, prizes were also being awarded to those more patient riders for the slowest climber in each wave.

Elite racer Jeremy Erdman completed the course in just over 2 hours and Evan Weninger (in the under 13 Male class) finished in just over 27 minutes. With categories for every speed and experience level, this race was perfect for those who were new to racing and those who have seen their fair share of dirt.

The 26 degree heat was managed well by our club Water Men, who were more than happy to douse riders, on their backs and heads, with cups of water as each rider passed through the feed-zone. One rider was quoted as saying, “this is the coolest I’ve been since I bought my first Walkman in 1985”.

The day also saw a few mechanicals with Chris Yeo changing THREE flat tires (with a quick, commissaire-approved trip to the parking lot) and Nathan Sedgewick successfully defending 2<sup>nd</sup> place in his category despite fixing a broken chain on lap 1 and a flat tire on lap 4. Nathan was seen running through the course, wheel in hand, yelling “I’ve got a spare one in the wheel pit! What a day!”.

The awards banquet was complimented by the Old Fashioned BBQ which included freshly-made smokies & salads from Summit Meats in Sutherland, lemonade and homemade cookies (made by our club members).

Awards were given to Top and Bottom Climber of each wave, and a special award for Best Dressed Racer went to Ryan Derksen and Curt Bimson who showed up in jerseys that looked like tuxedos. Medals were handed out to the CanAm Police/Fire competitors and Draw Prizes topped off the ceremonies.

A special thank you to all of the bike shops in Saskatoon who donated prizes (2<sup>nd</sup> Nature, Bike Doctor, Bike Universe, Bruce’s Cycle, City Park Cycle, Outtabounds, Spoke n Sport) and to Culligan Water in Sutherland, MD Ambulance, GU Gel, Safeway at Market Mall, Sask Cycling and Sask Sport.

For more information on racing in Saskatchewan, visit: [www.saskcycling.ca](http://www.saskcycling.ca) Local mountain bike clubs NBR ([www.saskcycling.ca/~nbr](http://www.saskcycling.ca/~nbr)) and BCW ([www.saskcycling.ca/~bcw](http://www.saskcycling.ca/~bcw)) co-organized this event. Check out their websites for more local riding.

## 2009 Saskatchewan Summer Games, Lloydminster Cycling Events

Zone	First Name	Last Name	Hometown	Time Trial	Place	Cross Country	Place	Relay	Place
6	Hannah	Cooley	Saskatoon	0:15:12	1	0:47:54	1		
6	Hillary	Fast	Saskatoon	0:15:28	2	0:48:24	2		
3	Ashley	Boys	Moose Jaw	0:15:54	3	0:50:59	3		1
3	Lindsay	Fish	Moose Jaw	0:17:49	6	0:52:28	4		1
2	Nyka	Sutter	Regina	0:17:16	5	0:53:03	5		
3	Halle	Forbes	Moose Jaw	0:18:02	7	0:53:57	6		1
8	Jillian	Yungwirth	P.A.	0:16:22	4	0:54:12	7		
2	Christina	Thiel	Regina	0:18:31	8	0:57:39	8		
3	Stephanie	Kendall	Moose Jaw	0:26:42	9	DNF	9		1
Zone	First Name	Last Name	Hometown	Time Trial	Place	Cross Country	Place	Relay	Place
4	Matthew	Johnson	Esterhazy	0:10:03	1	0:33:16	1		
6	Axel	Morin	Saskatoon	0:10:47	2	0:34:32	2	0:48:25	1
2	Jayden	Aldrich	Regina	0:11:24	3	0:34:33	3	0:48:28	2
9	Ragner	Robinson	La Ronge	0:11:34	4	0:35:13	4	0:52:51	3
5	Pieter	Stoffel	RR Saskatoon	0:11:42	5	0:37:43	5		
6	Luke	Patterson	Saskatoon	0:12:26	6	0:40:06	7	0:48:25	1
2	Dylan	Smith	Regina	0:12:47	7	0:39:31	6	0:48:28	2
6	Nelson	Martell	Saskatoon	0:13:25	8	0:40:27	8	0:48:25	1
2	Brett	Elek	Regina	0:13:29	9	0:41:49	9	0:48:28	2
3	Michael	Wessels	Moose Jaw	0:13:33	10	0:45:43	14	0:53:16	4
6	Andre	Coutu	Saskatoon	0:13:41	11	0:44:29	12	0:48:25	1
3	Jacob	Kennedy	Moose Jaw	0:13:59	12	0:42:28	10	0:53:16	4
9	James	Robertson	La Ronge	0:14:06	13	0:44:37	13	0:52:51	3
9	Donald	Erikson	La Ronge	0:14:14	14	0:45:44	15	0:52:51	3
2	Noah	Quinnett	Regina	0:14:20	15	0:43:40	11	0:48:28	2
3	Joshua	Gallipeau	Moose Jaw	0:14:40	16	0:46:29	16	0:53:16	4
2	Kris	Wall	Regina	0:15:10	17	0:48:39	18		
8	Joey	Wahoski	P.A.	0:15:27	18	0:47:39	17	1:09:55	5
9	Carter	Booth	La Ronge	0:15:39	19	0:52:42	20	0:52:51	3
3	Steven	Martyniuk	Moose Jaw	0:17:31	20	0:50:45	19	0:53:16	4
8	David	MacAuley	P.A.	0:17:47	21	0:53:27	21	1:09:55	5
8	Drew	Yungwirth	P.A.	0:18:04	22	0:58:42	22	1:09:55	5
8	Chayse	Preet	P.A.	0:20:35	23	1:02:51	23	1:09:55	5
9	Mclvor	Eninew	Hall Lake	0:22:30	24	1:10:29	24		

Congratulations to all the competitors and a special thank you to all that make the Games happen, to the countless hours by the local volunteers to our own Sask Cycling volunteers:

-Tom Hawboldt who did double duty as the the Provincial Technical Liason and as a Race Offiical

-Shelley Horn and Wayne Walker, Race Officials

-Zone 2 Coach and Manager: Bob Yee and Alexandra Sutter

-Zone 3 Coach and Manager: Terry Martyniuk and Kathy Gallipeau

-Zone 5 Coach: Regina Koenders

-Zone 6 Coach and Manager: Leana and Dave Dyck

-Zone 8 Coach: Mike Horn

-Zone 9 Coach and Manager: Adrian Oryniuk and Hilary Johnstone

-Zone 2 Sport Contact: Orville Aldrich

-Zone 3 Sport Contact: Terry Martyniuk

-Zone 4 Sport Contact: Tom Landine

-Zone 5 Sport Contact: Heather Winter

-Zone 6 Sport Contact: Ron Cooley

-Zone 7 Sport Contact: Steven Vercoe

-Zone 8 Sport Contact: Roman Oryniuk

-Zone 9 Sport Contact: Hilary Johnstone



Sask Summer Games  
August 3 - 9

## 2008 SASKATCHEWAN SUMMER GAMES A GREAT SUCCESS

Our border city of Lloydminster was host to the 2008 Sask Summer Games with 13 different sports performing.

Cycling was held in the first part of the week long event (August 3-6) so we got to attend the opening ceremonies, and although it started raining as the athletes walked into the stadium, their spirits were high and stayed that way all through the 3 days of competition. The Athletes village was located in Lakeland College, a beautiful fairly new campus with good layouts and facilities. Showers were hot, beds were soft and the volunteers always had a smile to give. Movies, games, an improv night and a dance were provided to entertain the athletes at night.

The cycling event was held @ 25 kilometers south west of Lloydminster on a locally owned ski hill called "Mount Joy" with a view on top, nothing short of spectacular and Saskatoon berries ripe for the picking all along the course. To prepare the course took a lot of work, sweat and man hours, but cycling organizers Bob Little and especially Tom Hawboldt from North Battleford and volunteers pulled off a well marked well laid out course of 3.3 kilometers.

Straight off the start line, a 3 part brutal steep climb took the course right to the top of the mountain and even for the well seasoned riders it was a perfect challenge to weed out the best from the rest. After that the down hill was "sweet" with a couple of little technical parts through the bush in between ski runs, and a beautiful fast slalom on an old luge/bobsleigh run. On the decent the riders could take on as much speed as they dared and make excellent passes, even take on some air on the small jumps!

The Cyclist Teams consisted of 9 females and 24 males representing 7 zones (Zone 2/3/4/5/6/8 and 90). Officials Shelly Horn, Wayne Walker and Tom Hawboldt are commended for a tremendous smooth, well run, 3 day event with no glitches and no mayor injuries.

The weather was very cooperative, not too hot, with a little rain the second day and happy enough no thunder or lightning!

Time trials (1 lap of the course) were held the first day where Matt Johnson (zone 4) dominated the men, Axel Morin (zone 6) took second comfortably, but third place (taken by Jayden Aldrich from zone 2) was a battle with less than 20 seconds between third, fourth and fifth. The Females were pretty evenly spaced with Hannah Cooley taking the gold metal, Hillary Fast, silver (both from zone 6) and Ashley Boys taking the bronze (zone 3).

The second day a 3 lap mountain bike race was staged both for male and female with results of medal-winnings in the same order as the time trials, but relay races on the third day, saw some tremendous battles in the males between zone 6 and 2 for the gold and zone 9 and 3 for the bronze. The females of zone 3 took gold in the relay.

What amazed most coaches on the relay races, (where each of the 4 riders races 1 lap) was that they were taking off a surprising amount of seconds off their lap time (compared to the first day time trial). Mclvor Eninew, a novice cyclist from zone 9, took off almost 9 minutes! He was pumped the third day, proving who ever said "no pain, no gain" very wrong!!

Overall the 2008 cycling event was a great success, all because of volunteers putting in big time commitments, the love of the sport by athletes, coaches and managers and many spectators who came out and cheered, getting a superb vista view at the lodge from both start and finish of all the races.

Regards, Regina Koenders (Coach Zone 5)

### 2008 SASKATCHEWAN SUMMER GAMES

When Denise asked me to coach the Zone 2 Regina cycling team for the Sask Games, I said sure, how bad can that be? I coached Micheal Wrubleski last year and got him into the Western Canada Games. Let me tell you trying to get 5 or 10 teenagers together to do training rides and to follow a training program with proper diet is almost impossible. Then the 5 hour bus ride to Lloydminster with 40 hyper teens, our cycling kids and I had to be at the back of the bus ... near the washroom, which was extremely busy and we know what else.

It was pretty straight forward when we got to Lakeland College (our hotel), got registered, found our sleeping dorm. Brett Elek lost his wallet on the bus that just left and found out the athletics and special athletics teams were our roommates. Now we had 20 teens high on sugar and caffeine energy drinks in the room (who needs sleep?). Not to mention the guy from special athletics who likes to go around and tickle people! I can tell you more stories but I'm supposed to be telling about the cycling events.

Every morning we're up at 6 am, get the bikes out of the storage and loaded in the semi-trailer, we have our breakfast before we headed out to Mount Joy 25kms away in a school bus. We get there and I thought to myself this looks like an easy course. Not! I did a pre-ride and I tell you the climb at the start is a killer (hors category), it's steep with grass, it will burn your legs without a warm up, like I did. The technical was not bad and the downhill sections ok to a roadie like me. Kudos to Tom Hawbolt, who designed this course. Our first day was a time trial and Matt Johnson dominated the field. Axel Morin and Jayden Aldrich took second and third with good times. The rest of our group did very well.

Highlights of the races are that we just missed 2<sup>nd</sup> place on the cross country race by 1 second and gold by 4 seconds in the team relay due to wasp attack to our anchor rider on the last lap, he was bitten 8 times. I joked to the winning team that they trained these killer wasps to attack us!

All in all, I think cycling events went well and all the kids had a good time. I know I did and I would do it again if given the opportunity.

I wish to thank Orville Aldrich and Ken Smith both who helped us transport our bikes to the games and our sponsor Block's Cycle and SCA for our riding jerseys. Thanks also to Alexandra Sutter our team manager.

Bob Yee, (Coach Zone 2)

### 2008 SASKATCHEWAN SUMMER GAMES

We wanted thank all of the athletes and their families. It was a wonderful experience and we were happy to be working alongside these talented young people. Our girls, Hannah Cooley and Hillary Fast took two gold and two silver medals, respectively in the Time Trial and the Cross Country races. Our boys relay team consisting of Luke Patterson, Andre Coutu, Nelson Martell and Axel Morin took the gold by 3 seconds. And in the Time trial and Cross country races Axel took two silver medals.

Thanks to all the outstanding effort and sportsmanship that these athletes contributed to the 2008 Saskatchewan Summer Games.

Leana and Dave Dyck, (Coach/Manager Zone 6)

## 2008 Fresh Air Experience Classic Mountain Bike Race Sunday, May 11<sup>th</sup>, Sask Cup Mtb 1 at Regina Beach

<b>Senior Elite Men</b>	Place	Time	Dean Etienne	1	1:32:38	<b>Men Master Sport 40-49</b>	Place	Time
Cory Zetterstrom	1	2:14:35	Albert Malan	2	1:34:24	Peter Burgess	1	1:12:09
Jeremy Erdmann	2	2:22:22	Pedro Peralta	3	1:36:50	Michael Bacon	2	1:13:29
Andrew Thomas	3	2:23:51	Tom Wolf	4	1:37:03	Phil Anderson	3	1:52:03
Kris Abrahamson	4	2:35:39	Enio Ricci	5	1:43:00	<b>Men Master Sport 50+</b>	Place	Time
Neil Clarke		dnf	Rick Vircavs	6	1:43:26	David Johnston	1	1:12:01
<b>Senior Elite Women</b>	Place	Time	Wayne Jackson	7	1:46:55	Paul Levett	dns	dns
Andrea Bunnin	1	2:05:23	Ron Cooley	8	1:51:00	<b>Junior Exp Women</b>	Place	Time
Erica Musyj	2	2:20:08	Brent Waliduda	9	1:52:38	Julia Garnet	1	1:58:27
Susan Clarke	3	2:24:49	Darren Dyck	10	2:02:47	<b>Mast Expert Wom</b>	Place	Time
<b>Senior Expert Men</b>	Place	Time	Terry Zack	dnf	dnf	Susan Bladyko	1	1:26:39
Dave Bitschy	1	2:06:41	<b>U17 Expert Male</b>	Place	Time	Kathyn Theede	2	1:40:04
Shane MacNaughton	2	2:07:30	Matt Johnson	1	1:34:07	Christine Martyn	3	1:54:32
Ryan Derksen	3	2:10:25	Brett Elek	2	1:53:13	<b>Under 17 Expert Women</b>	Place	Time
Brennon Martin	4	2:33:52	Pieter Stoffel	3	2:07:11	Hannah Cooley	1	1:40:05
<b>Junior Expert Men</b>	Place	Time	Michael Wessels	dnf	dnf	<b>Under 15 Male</b>	Place	Time
James Winter	1	1:53:25	Axel Morin	dnf	dnf	Lucas Morin	1	1:18:09
Stephen Cooley	2	2:03:02	<b>Junior Sport Male</b>	Place	Time	Braden Trapp	2	1:21:26
Karl Harasyn	3	2:12:42	David Levett	dns	dns	Dylan Smith	3	1:30:58
Adrian Ornyk	4	2:17:53	<b>Senior Sport Men</b>	Place	Time	McLeod, Matt	4	1:31:00
Michael Wrubleski	dnf	dnf	Jay van Ginneken	1	1:58:18	<b>Master Spt Wom 30-39</b>	Place	Time
Brad Clifford	dnf	dnf	Trevor Norgan	2	1:59:58	Elek, Cory	1	1:31:34
<b>Master Expert Men 30+</b>	Place	Time	John Gibbons	3	2:04:14	<b>Under 17 Sport Male</b>	Place	Time
Jeremy Trask	1	1:57:26	Alan Jackson	4	2:10:45	Kris Wall	1	0:53:10
Garth Patterson	2	2:15:09	<b>Master Spt Men 30-39</b>	Place	Time	<b>Under 13</b>	Place	Time
Jon Bath	3	2:16:04	Russ Down	1	1:42:35	Patterson, Eric	1	0:33:37
Christian Jensen	4	2:32:50	Geoff Horn	2	1:52:12	Caleb Morin	2	0:39:13
Peter Steckhan	5	2:37:41	David Meban	3	2:06:25	McLeod, Cole	3	0:41:45
<b>Master Exp Men 40+</b>	Place	Time	Dion Giesbrecht		dnf			

## PeeGee Man River Run 2008 North West Mountain Bike Club and Phoenix Source for Sports Sask Cup Mtb 2, North Battleford, May 25<sup>th</sup>

<b>Senior Elite Men</b>	Place	Time	Bimson, Curt	7	2:28:00	<b>Men Master Sport 40-49</b>	Place	Time
Zetterstrom, Cory	1	2:04:33	<b>Master Exp Men 40+</b>	Place	Time	Aldrich, Orville	1	1:19:12
Erdmann, Jeremy	2	2:05:11	Vircavs, Rick	1	1:20:45	<b>Mast Expert Wom</b>	Place	Time
Abrahamson, Kris	3	2:19:31	Malan, Albert	2	1:21:20	Weninger, Joanne	1	1:15:01
Trask, Jeremy		dnf	Peralta, Pedro	3	1:22:43	Koenders, Regina	2	1:21:28
<b>Senior Elite Women</b>	Place	Time	Zack, Terry	4	1:22:58	Johnstone, Hilary	3	1:23:01
Musyj, Erica	1	1:59:57	Kluge, Cornelius	5	1:28:53	<b>Under 17 Expert Women</b>	Place	Time
<b>Senior Expert Men</b>	Place	Time	Jackson, Wayne	6	1:29:43	Cooley, Hannah	1	1:14:52
MacNaughton, Shane	1	1:49:26	Dyck, Darren	7	1:35:02	Fast, Hillary	2	1:24:04
Derksen, Ryan	2	1:51:02	Jeffery, Bill	8	1:42:02	<b>Under 15 Male</b>	Place	Time
Martin, Brennon	3	2:09:11	Cooley, Ron	9	dnf	McLeod, Matt	1	1:04:28
Bitschy, Dave	4	2:16:49	<b>U17 Expert Male</b>	Place	Time	Morin, Lucas	2	1:06:59
<b>Junior Expert Men</b>	Place	Time	Morin, Axel	1	1:22:48	Smith, Dylan	3	1:07:19
Winter, James	1	1:41:52	Johnson, Matt	2	1:22:51	Trapp, Braden	4	1:10:50
Wrubleski, Michael	2	1:45:33	Aldrich, Jayden	3	1:23:00	<b>Under 13 Male</b>	Place	Time
Jungwirth, Morgan	3	2:23:37	Patterson, Luke	4	1:33:02	Patterson, Eric	1	0:30:25
<b>Master Expert Men 30+</b>	Place	Time	Stoffel, Pieter	5	1:40:32	Weninger, Evan	2	0:30:50
Jensen, Christian	1	1:49:14	Wall, Kris	6	1:50:38	McLeod, Cole	3	0:36:44
Sysing, Mel	2	1:56:37	Robinson, Ragnar	7	2:11:48	Wolf, Oskar	4	0:40:12
Patterson, Garth	3	1:56:44	<b>Senior Sport Men</b>	Place	Time	Morin, Caleb	5	0:40:36
Bath, Jon	4	1:57:02	van Ginneken, Jay	1	1:41:35	Jungwirth, Chris	6	1:07:13
Neabel, Derek	5	2:03:14	<b>Master Spt Men 30-39</b>	Place	Time			
Wolf, Tom	6	2:05:23	Meban, David	1	1:45:21			

**Western Cycle Wascana Challenge  
OffRoad Syndicate  
Sask Cup #3, Wascana Trails, June 22<sup>nd</sup>**

<b>Senior Elite Men</b>	Place	Time	Wolf, Tom	4	1:37:52	<b>Men Master Sport 50+</b>	Place	Time
Zetterstrom, Cory	1	2:17:13	Jackson, Wayne	5	1:37:58	Wall, Kim	1	1:19:04
Erdmann, Jeremy	2	2:27:01	Vircavs, Rick	6	1:41:48	<b>Mast Expert Wom</b>	Place	Time
Abrahamson, Kris	dnf	dnf	Kluge, Cornelius	7	1:48:26	Theede, Kathryn	1	1:37:20
<b>Senior Expert Men</b>	Place	Time	Burgess, Peter	8	1:51:34	Weninger, Joanne	2	1:38:04
Bitschy, Dave	1	2:04:21	Dyck, Darren	9	1:58:40	<b>Under 17 Expert Women</b>	Place	Time
MacNaughton, Shane	2	2:06:41	<b>U17 Expert Male</b>	Place	Time	Cooley, Hannah	1	1:28:55
Stennes, Dane	dnf	dnf	Johnson, Matt	1	1:36:52	<b>Under 15 Male</b>	Place	Time
<b>Junior Expert Men</b>	Place	Time	Aldrich, Jayden	1	1:36:52	McLeod, Matt	1	1:15:00
Coolley, Stephen	1	2:03:51	Morin, Axel	3	1:39:59	Smith, Dylan	2	1:19:00
Orinyk, Adrian	2	2:11:23	Stoffel, Pieter	4	1:48:38	Trapp, Braden	3	1:22:16
Wrubleski, Michael	3	2:15:13	Elek, Brett	5	1:49:11	<b>Under 15 Women</b>	Place	Time
Harasyn, Karl	4	2:32:25	Wall, Kris	dnf	dnf	Weninger, Natasha	1	1:06:19
Winter, James	dnf	dnf	<b>Senior Sport Men</b>	Place	Time	<b>Master Spt Wom 30-39</b>	Place	Time
<b>Master Expert Men 30+</b>	Place	Time	van Ginneken, Jay	1	1:54:16	Elek, Cory	1	1:25:08
Sysing, Mel	1	2:05:45	Gibbons, John	2	2:00:26	Martyn, Christine	2	2:04:18
Patterson, Garth	2	2:07:25	Minke, Adam	3	2:27:33	<b>Citizen Male 1 lap</b>	Place	Time
Bourassa, Wade	3	2:15:05	<b>Master Spt Men 30-39</b>	Place	Time	Erdmann, Daryl	1	1:11:40
Bath, Jon	4	2:15:36	Down, Russ	1	1:39:17	<b>Under 13 Male</b>	Place	Time
Jensen, Christian	5	2:35:10	Giesbrecht, Dion	2	1:44:11	Weninger, Evan	1	0:42:44
<b>Master Exp Men 40+</b>	Place	Time	Meban, David	3	2:05:58	Kukura, Miguel	2	0:55:39
Peralta, Pedro	1	1:30:46	<b>Men Master Sport 40-49</b>	Place	Time	Wirges, Jeremy	3	1:00:27
Etienne, Dean	2	1:33:03	Bacon, Michael	1	1:13:17	McLeod, Cole	dnf	dnf
Zack, Terry	3	1:34:01	Aldrich, Orville	2	1:25:23			

**2008 Blackstrap Biter  
BCW Cycle Club and NBR Mountain Bike Club  
Sask Cup #4, July 20<sup>th</sup>**

<b>Senior Elite Men</b>	Place	Time	Jackson, Wayne	3	1:28:00	<b>Men Master Sport 50+</b>	Place	Time
Erdmann, Jeremy	1	2:03:30	Peralta, Pedro	4	1:28:14	Wall, Kim	1	1:07:04
Clarke, Neil	2	2:07:21	Wolf, Tom	5	1:31:21	<b>Junior Exp Women</b>	Place	Time
Trask, Jeremy	3	2:08:59	Dyck, Darren	6	1:35:08	Garnet, Julia	1	1:38:21
Abrahamson, Kris	dnf	dnf	Kluge, Cornel	7	1:35:15	<b>Mast Expert Wom</b>	Place	Time
<b>Senior Elite Women</b>	Place	Time	Kokonas, George	8	2:08:21	Weninger, Joanne	1	1:19:11
Clarke, Susan	1	2:03:53	<b>U17 Expert Male</b>	Place	Time	Johnstone, Hilary	2	1:26:33
<b>Senior Expert Men</b>	Place	Time	Johnson, Matt	1	1:17:47	Theede, Kathryn	3	1:34:15
Derksen, Ryan	1	1:49:22	Aldrich, Jayden	2	1:19:38	<b>Under 17 Expert Women</b>	Place	Time
Sedgewick, Nathan	2	2:06:03	Robinson, Ragnar	3	1:20:58	Cooley, Hannah	1	1:21:22
Martin, Brennon	3	2:13:24	Morin, Axel	4	1:27:02	<b>Under 15 Male</b>	Place	Time
<b>Junior Expert Men</b>	Place	Time	Patterson, Luke	5	1:35:03	Smith, Dylan	1	0:58:04
Harasyn, Karl	1	1:56:24	<b>Master Spt Men 30-39</b>	Place	Time	Martell, Nelson	2	1:05:16
Gotts, Benjamin	2	2:16:57	Bimson, Curt	1	1:44:22	Morin, Lucas	3	1:10:17
Orinyk, Adrian	dnf	dnf	Bairos, Tony	2	1:54:05	<b>Under 17 Sport Male</b>	Place	Time
<b>Master Expert Men 30+</b>	Place	Time	Meban, David	3	1:56:49	Wall, Kris	1	0:32:25
Sysing, Mel	1	1:51:53	Yeo, Chris	4	1:58:08	<b>Citizen Women 1 lap</b>	Place	Time
Bath, Jon	2	1:56:39	Amos, Mike	5	2:02:14	Bourassa, Maureen	1	0:46:01
Taylor, Scott	3	2:01:42	Bourassa, Stephan	dnf	dnf	<b>Under 13 Male</b>	Place	Time
Patterson, Garth	dns	dns	<b>Men Master Sport 40-49</b>	Place	Time	Weninger, Evan	1	0:27:40
<b>Master Exp Men 40+</b>	Place	Time	Bacon, Michael	1	1:02:52	Patterson, Eric	2	0:30:00
Malan, Albert	1	1:21:08	Power, Mike	dnf	dnf	Wirges, Jeremy	3	0:46:17
Zack, Terry	2	1:21:49						

## Spring Classic, Moose Jaw Pavers Sask Cup Road #1, Buffalo Pound, April 27

<b>Cat 4</b>	finish		3	Dekok, Jacob	1:59:56	4	Erdmann, Jeremy	2:18:42
1	Miller, Kristian	2:08:29	4	Boldt, Arnold	2:00:07	5	Conly, Cuylar	2:18:48
2	Kluge, Cornelius	2:08:30	5	Patkau, Glenn	2:02:28	6	Clifford, Brad	2:18:56
3	Burwell, Shayne	2:08:31	6	Hotz, Mark	2:02:36	7	Zetterstrom, Cory	2:19:31
4	Toon, Simon	2:08:37	7	L'Heureux, Pete	2:03:04	8	Williams, Kevin	2:19:47
5	Gordon, Bruce	2:08:45	8	Wessels, Johann	2:03:31	8	Jensen, Christian	2:23:00
6	Large, Jim	2:08:51	9	Hunter, Ryan	2:04:05	9	Matus, Frank	2:23:04
7	Chapman, Blair	2:08:58	10	Jackson, Joe	2:05:35	10	Abrahamson, Kris	2:24:44
8	Quinnett, Marc	2:10:08	11	Godden, Doulgas	2:06:30	11	Chernenkoff, Markell	2:25:24
9	Patterson, Garth	2:10:24	12	Jackson, Alan	2:08:09	12	Winter, James	2:29:51
10	Vircavs, Rick	2:13:01	13	MCGarity, Michael	2:09:16	13	Wrubleski, Michael	2:30:20
11	Funk, Cory	2:14:10	14	Orr, Ken	2:13:59	14	Trask, Jeremy	2:32:17
12	Roeger, Hans	2:15:38	15	Mitchell, Gerry	2:27:03	15	Steckhan, Peter	2:39:35
13	Oryniuk, Adrian	2:20:17	16	Anderson, Blair	2:27:04	dnf	Siever, Sean	
14	Power, Michael	2:20:50	17	Kropt, Barret	2:59:07	Women	finish	
15	Lu, Lincoln	2:23:14	18	Korpt, Joshua	2:59:07	1	Bunnin, Andrea	2:18:31
16	MacNaughton, Shane	2:28:21	Women			2	Weninger, Alyssa	2:18:47
17	Cooley, Ron	2:35:55	1	Theede, Kathryn	2:41:52	3	Clarke, Susan	2:20:05
dnf	Christie, Chris		2	Orr, Muriel	3:09:1	4	Garnet, Julia	2:21:01
dnf	Anderson, Phil		Cat 2/3	finish		5	Musyj, Erica	2:25:06
Cat 5	finish		1	Underwood, Nathan	2:16:14	7	Lindeboom, Nienke	2:38:40
1	Wessels, Micheal	1:59:45	2	McGarity, Christopher	2:17:12	8	Pritchard, Dawn	2:48:10
2	Kemp, Bruce	1:59:55	3	Cooley, Stephen	2:18:39	dnf	Muma, Dana	

## Bikes on Broadway - 18<sup>th</sup> Annual Stage Race, Cycledelia Race Club Sask Cup Road #2, Saskatoon, May 17-19

Cat 1/2		Time Trial Time	Stage 2 Time	Stage 2 Plc	Stage 2 Penalty	Stage 2 Bonus	Stage 3 Time	Stg 3 Plc	Stage 3 Bonus/Prime	GC Time	GC Plc
Cyrus	Kangaroo	0:10:37	3:20:28	4			1:03:50	2	0:00:15	4:34:40	1
Chris	McNeil	0:10:55	3:20:28	4			1:03:50			4:35:13	2
Dan	Wood	0:10:55	3:20:29	10			1:03:50	4		4:35:14	3
Nathan	Underwood	0:11:05	3:20:31	11			1:03:53			4:35:29	4
Shaun	Adamson	0:11:13	3:20:27	4			1:03:50	6		4:35:30	5
Jeff	Bolstad	0:11:42	3:20:26	3		0:00:05	1:03:50	3	0:00:05	4:35:48	6
Anthony	Steenbergen	0:11:27	3:20:37	12			1:03:58			4:35:57	7
Chris	McGarity	0:11:37	3:20:28	4			1:03:53			4:35:58	8
Shawn	Bunnin	0:11:41	3:20:27	4			1:03:50	5		4:35:58	8
Brian	Robinson	0:12:02	3:20:26	1		0:00:15	1:03:53			4:36:06	10
Olli	Hyytiainen	0:12:26	3:20:26	2		0:00:10	1:03:53			4:36:35	11
Aaron	Schooler	0:11:16	3:21:54	14			1:05:29			4:38:39	12
Graham	Rudge	0:12:13	3:24:05	16			1:03:58			4:40:16	13
Cameron	McKnight	0:11:22	3:29:08	19			1:04:02			4:44:32	14
Ryan	McKenzie	0:11:18	3:32:30	21			1:03:37	1	0:00:15	4:47:10	15
Peter	Lawrence	0:12:04	3:32:30	23			1:03:50		0:00:05	4:48:19	16
Dave	Jetz	0:12:23	3:32:30	21	0:01:00		1:03:53			4:49:46	17
Geoff	MacDonald	0:11:34	3:32:30	24			1:06:48			4:50:52	18
Devin	Erfle	0:12:08	3:32:30	23			1:07:51			4:52:29	19
Stephen	Mundy	0:11:50	3:42:18	25			1:03:58			4:58:06	20
Neal	Gregory	0:11:40	3:44:14	26			1:03:50	7		4:59:44	21
Corey	Zetterstrom	0:11:34	3:57:43	27			1:06:48			5:16:05	22
Stephen	Ferris	0:11:32	3:27:59	17			dnf			dnf	

Ben	Rempel	0:11:49	3:20:39	13			dnf		dnf
Mike	Bidniak	0:11:40	3:21:54	14			dnf		dnf
Andrew	Thomas	0:11:58	3:29:08	19	0:01:00		dnf		dnf
Nicolas	Andrichuk	0:11:43	dnf		0:01:00		dns		dnf
Adrian	Huemmer **	0:13:13	dnf				dns		dnf
Sean	Siever	0:12:18	3:28:37	18			dnf		dnf

Cat 3 ** Junior * Cadet		Time Trial Time	Stage 2 Time	Stage 2 Plc	Stage 2 Bonus	Stage 3 Time	Stg 3 Plc	Stage 3 Bonus/Prime	GC Time	GC Plc
Cuylar	Conly	0:11:55	3:42:44	1	0:00:15	0:53:36	6		4:48:00	1
Kevin	Williams	0:11:58	3:42:47	3	0:00:05	0:53:36	6	0:00:05	4:48:11	2
Brad	Clifford **	0:12:13	3:42:48	4		0:53:36	6		4:48:37	3
Jason	Proche	0:13:00	3:42:44	2	0:00:10	0:53:36	6		4:49:10	4
Marshall	Verbrugge	0:12:39	3:46:16	7		0:53:36	6	0:00:05	4:52:26	5
James	Winter **	0:12:36	3:46:16	7		0:53:36	6		4:52:28	6
Justin	Middleton **	0:12:38	3:46:16	7		0:53:36	4		4:52:30	7
Matthew	Dahl **	0:12:43	3:46:16	7		0:53:36	6		4:52:35	8
Kyle	Anderson	0:12:02	3:47:24	13		0:53:36	6		4:53:02	9
Blaine	Richter	0:12:08	3:47:24	13		0:53:44	18		4:53:16	10
Christian	Jensen	0:12:26	3:47:19	11		0:53:36	5		4:53:21	11
James	Mollison	0:12:43	3:47:40	15		0:53:36	2	0:00:10	4:53:49	12
Frank	Matus	0:12:25	3:45:32	5		0:55:57	20		4:53:54	13
Neil	Clarke	0:12:52	3:45:40	6		0:55:57	20		4:54:29	14
Curtis	Earl	0:12:13	3:52:55	16		0:54:08	19		4:59:16	15
David	Watson	0:12:11	3:54:21	19		0:53:44	18		5:00:16	16
Michael	Wrubleski	0:12:20	3:54:21	19		0:53:36	6		5:00:17	17
Markel	Chernenkoff	0:13:03	3:54:19	17		0:53:36	6		5:00:58	18
Alex	McCormick **	0:12:27	3:55:25	21		0:53:36	3	0:00:05	5:01:23	19
Steve	German	0:13:42	3:54:19	17		0:53:36	6		5:01:37	20
Dustin	Andrews **	0:11:55	4:02:57	25		0:53:17	1	0:00:15	5:07:54	21
Stephen	Cooley	0:12:28	4:02:57	24		0:53:36	6		5:09:01	22
Andrew	Schietzsch	0:14:15	4:14:55	27		0:58:08	21		5:27:18	23
Kevin	Coghlan	0:13:04	3:47:19	11		dnf			dnf	15
Greg	Stevenson	0:12:35	3:55:49	22		dns			dnf	22
Colter	Young **	0:12:48	4:01:33	23		dnf			dnf	23
Sean	Carter	0:13:54	4:07:49	26		dns			dnf	26
Peter	Steckhan	0:13:22	dns			dns			dnf	
Sherwood	Plant	0:13:02	dnf			dns			dnf	
Women ** Junior * Cadet		Time Trial Time	Stage 2 Time	Stage 2 Plc	Stage 2 Bonus	Stage 3 Time	Stage 3 Plc	Stage 3 Bon/Prim	GC Time	GC Plc
Jessica	Kisell	0:13:03	2:45:36	3	0:00:05	0:44:19	2	0:00:15	3:42:38	1
Julia	Garnet *	0:13:57	2:44:44	1	0:00:15	0:44:19	3	0:00:05	3:42:40	2
Alyssa	Weninger	0:13:20	2:45:38	4		0:44:19	4	0:00:05	3:43:12	3
Andrea	Bunnin	0:13:44	2:45:35	2	0:00:10	0:44:20	8		3:43:29	4
Caeli	Barron *	0:14:16	2:49:44	6		0:44:20	5		3:48:20	5
Susan	Clarke	0:13:31	2:49:40	5		0:47:32	11		3:50:43	6
Erica	Musyj	0:13:22	2:53:04	7		0:44:21	9		3:50:47	7
Allison	Beveridge *	0:14:13	2:59:10	8		0:44:20	6		3:57:43	8
Mackenzie	McCormick	0:13:32	3:06:54	11		0:44:20	7		4:04:46	9
Krysten	Ong	0:14:13	3:04:57	10		0:48:04	12		4:07:14	10
Karlee	Gendron	0:16:44	3:14:56	12		0:47:32	10		4:19:12	11



Cat 5		TT Time	Stage 2 Time	Stage 2 Plc	Stge 2 Bonus	Stage 3 Time	Stage 3 Plc	Stage 3 Bon/Prime	GC Time	GC Plc
Dominik	Kubicki	0:12:14	1:55:18	1	0:00:15	0:34:12	6		2:41:29	1
Michael	Godfrey	0:12:52	1:55:29	3	0:00:05	0:33:34	4		2:41:50	2
Dan	Sigouin	0:13:08	1:55:18	2	0:00:10	0:33:41	5	0:00:05	2:41:52	3
Jonathan	Wilson	0:13:24	1:55:29	4		0:33:33	2	0:00:10	2:42:16	4
Travis	Anderson	0:14:11	1:58:01	5		0:33:34	3	0:00:05	2:45:41	5
John	Encarnacao	0:13:37	1:59:45	7		0:34:17	7		2:47:39	6
Jacob	Dekok	0:13:45	1:59:45	6		0:36:07	10		2:49:37	7
Axel	Morin	0:14:28	2:02:31	10		0:33:32	1	0:00:15	2:50:16	8
Abby	Miller	0:15:00	2:01:09	8		0:35:38	8		2:51:47	9
Luke	Patterson	0:14:17	2:02:30	9		0:36:07	11		2:52:54	10
Rachael	Edwards	0:13:48	2:03:00	12		0:36:53	14		2:53:41	11
Brenon	Durston	0:14:30	2:05:41	15		0:35:46	9		2:55:57	12
Darren	Hagen	0:13:56	2:05:36	14		0:36:53	15		2:56:25	13
Stephen	Pitman	0:13:42	2:07:02	16		0:38:19	21		2:59:03	14
Gabrielle	Edwards	0:14:39	2:08:18	18		0:36:53	16		2:59:50	15
Ben	Gotts	0:15:17	2:07:47	17		0:36:53	17		2:59:57	16
Richard	Cairney	0:15:06	2:09:57	19		0:36:53	18		3:01:56	17
Brayden	McDougall	0:14:35	2:13:32	21		0:36:35	13		3:04:42	18
Earl	LeBlanc	0:14:58	2:10:32	20		0:40:14	24		3:05:44	19
Mark	Hotz	0:15:07	2:15:45	22		0:36:53	19		3:07:45	20
Jeramie	Anderson	0:15:31	2:16:03	23		0:38:19	22		3:09:53	21
Linden	Clark	0:15:22	2:19:42	24		0:36:07	12		3:11:11	22
Erin	Stuber	0:15:54	2:20:03	26		0:38:19	23		3:14:16	23
Bill	Blonski	0:15:50	2:19:45	25		0:40:14	25		3:15:49	24
David	Levett	0:15:46	2:25:50	27		0:40:14	26		3:21:50	25
Jane	Payment	0:15:45	2:27:27	28		0:40:14	27		3:23:26	26
Anastasia	Stadnyk	0:15:37	2:33:47	29		0:36:53	20		3:26:17	27
Arnold	Boldt	0:15:23	2:03:00	11		dns			dnf	
Paul	Levett	0:16:58	dnf			dns			dnf	
Mark	Sadoway	0:13:39	2:05:36	13		dns			dnf	
Kathleen	McGarity	0:17:07	dnf			dns			dnf	

## Harvest Century Ride

The Harvest Century Ride is the Horizon 100 Cycling Club grand finale ride of the year.

This is your opportunity to test your endurance, your bike handling skills, your group riding technique and your strength. This is a 100 mile/100 km ride. September 7<sup>th</sup>. If you have not done 100 km before then this is the one to do. If you want to extend your distance, than 100 miles is the choice for the day. This can be a 6-8 hour ride. There will be support (water and food) along the route. The route takes us along familiar roads west of Saskatoon.

There will be a banquet at Smiley's on Circle Drive after the ride starting at 6:00 pm.

Contact Ray Wight at [rajan@sasktel.net](mailto:rajan@sasktel.net) for registration forms. You must be an SCA member to do this ride.

**Regina Stage Race**  
**Regina Cycle Club, Sask Cup #3, June 7/8**

Category 2/3	Stage RR	#1 Place	Stage 1 Bonus	Stage 2 TT	#2 Place	Stage 3 Crit	Stage 3 Bonus	#3 Place	GC Time	GC Place	time dif
Conly, Cuylar	3:11:26	1	0:00:15	0:18:31	3	1:00:46		3	4:30:28	1	0:00:00
McGarity, Christopher	3:17:57	2	0:00:10	0:18:02	1	1:00:47		7	4:36:36	2	0:06:08
Clifford, Brad	3:18:03	5		0:18:11	2	1:00:47		6	4:37:01	3	0:06:33
Jensen, Christian	3:18:03	4		0:19:41	8	1:00:44		1	4:38:28	4	0:08:00
Chernenkoff, Markell	3:18:01	3	0:00:05	0:19:45	10	1:00:49		9	4:38:30	5	0:08:02
Peralta, Pedro	3:18:05	6		0:19:41	8	1:00:45		2	4:38:31	6	0:08:03
Cooley, Stephen	3:19:22	7		0:19:17	5	1:00:47	0:00:10	5	4:39:16	7	0:08:48
Winter, James	3:22:36	10		0:19:25	7	1:00:46		4	4:42:47	8	0:12:19
Matus, Frank	3:20:12	8		0:19:19	6	1:03:56		11	4:43:27	9	0:12:59
Steckhan, Peter	3:21:54	9		0:20:37	11	1:01:54		10	4:44:25	10	0:13:57
Wrubleski, Michael	3:27:07	11		0:18:43	4	1:00:48		8	4:46:38	11	0:16:10
Siever, Sean	dnf								dnf		dnf
Category 4	Stage RR	#1 Place	Stage 1 Bonus	Stage 2 TT	#2 Place	Stage 3 Crit	Stage 3 Bonus	#3 Place	GC Time	GC Place	time dif
Leibel, Ryan	2:26:13	3	0:00:05	0:19:09	1	0:45:25		1	3:30:42	1	0:00:00
Gordon, Bruce	2:26:08	1	0:00:15	0:20:39	6	0:45:30	0:00:10	2	3:31:52	2	0:01:10
Patterson, Garth	2:26:09	2	0:00:10	0:20:36	4	0:45:35		5	3:32:10	3	0:01:28
Garnet, Julia	2:26:26	4		0:20:36	4	0:45:31		3	3:32:33	4	0:01:51
MacNaughton, Shane	2:29:37	5		0:21:03	7	0:45:35		4	3:36:15	5	0:05:33
Lu, Lincoln	2:29:42	6		0:22:33	8	0:47:58		6	3:40:13	6	0:09:31
Christie, Chris	2:33:00	9		0:20:17	2	0:49:21		7	3:42:38	7	0:11:56
Johnston, David	2:31:24	8		0:23:10	9	dnf			dnf		dnf
Power, Michael	2:30:33	7		0:20:19	3	dns			dnf		dnf
Kluge, Cornelius	dns	dns		dns					dnf		dnf
Waliduda, Brent	2:56:12	11		dns					dnf		dnf
Kokonas, George	2:35:44	10		dns					dnf		dnf
Category 5	Stage RR	#1 Place	Stage 1 Bonus	Stage 2 TT	#2 Place	Stage 3 Crit	Stage 3 Bonus	#3 Place	GC Time	GC Place	time dif
Patterson, Luke	1:44:02	1	0:00:15	0:20:32	2	0:28:38		1	2:32:57	1	0:00:00
Dekok, Jacob	1:44:22	4		0:20:25	1	0:28:40		4	2:33:27	2	0:00:30
Durston, Brenon	1:44:04	2	0:00:10	0:21:00	3	0:28:40	0:00:05	3	2:33:29	3	0:00:32
Hagen, Darren	1:45:44	5		0:21:16	4	0:28:42		7	2:35:42	4	0:02:45
Clark, Linden	1:44:16	3	0:00:05	0:23:24	9	0:28:38	0:00:05	2	2:36:08	5	0:03:11
Anderson, Phil	1:50:50	9		0:22:49	7	0:28:42		6	2:42:21	6	0:09:24
Leblanc, Earl	1:50:58	10		0:22:30	6	0:29:56		8	2:43:24	7	0:10:27
Levett, David	1:50:49	8		0:23:39	10	0:30:50		10	2:45:18	8	0:12:21
Lindeboom, Nienke	1:51:15	11		0:24:12	11	0:32:13		11	2:47:40	9	0:14:43
Orr, Ken	1:55:52	12		0:25:04	12	0:30:25		9	2:51:21	10	0:18:24
Korthuis, Aaron	2:01:30	13		0:22:59	8	0:28:41		5	2:53:10	11	0:20:13
Kropf, Joshua	2:08:20	15		0:25:46	13	0:32:13		12	3:06:19	12	0:33:22
Kropf, Barret	2:07:49	14		0:26:20	14	0:32:43		13	3:06:52	13	0:33:55
Orr, Muriel	2:40:00	16		0:31:52	15	0:35:47		14	3:47:39	14	1:14:43
L'Heureux, Pete	1:46:39	6		0:21:37	5	dns			dnf	dnf	dnf
Kemp, Bruce	1:49:42	7		0:32:00	16	dns			dnf		dnf
Hotz, Mark	dnf	dnf				dns			dnf		dnf

## Fresh Air Experience Summer Holiday Road Race in Waskesui Sask Cup #4, July 12-13, 2008

Category 2/3	Stage 1 TT	#1 Place	Stage 1 Bonus	Stage 2 RR	#2 Place	Stage 2 Bonus	penalty	GC Time	GC Place	time dif
Borolien, Cory	0:16:31	1	0:00:15	3:15:26	4	0:00:05		3:31:37	1	0:00:00
Rempel, Ben	0:16:43	2	0:00:10	3:15:23	2	0:00:10		3:31:46	2	0:00:09
Clifford, Brad	0:16:46	4		3:15:27	7			3:32:13	3	0:00:36
Winter, James	0:17:28	5		3:15:23	1	0:00:15		3:32:36	4	0:00:59
Siever, Sean	0:17:30	6		3:15:34	15			3:33:04	5	0:01:27
Conly, Cuylar	0:16:45	3	0:00:05	3:15:26	5		0:01:00	3:33:06	6	0:01:29
Cooley, Stephen	0:17:48	8		3:15:32	14			3:33:20	7	0:01:43
Peralta, Pedro	0:18:11	10		3:15:29	9			3:33:40	8	0:02:03
Clarke, Neil	0:18:11	9		3:15:31	12			3:33:42	9	0:02:05
Bitschy, Dave	0:18:16	11		3:15:30	11			3:33:46	10	0:02:09
Matus, Frank	0:17:33	7		3:16:18	16			3:33:51	11	0:02:14
Steckhan, Peter	0:18:49	12		3:15:32	13			3:34:21	12	0:02:44
Trask, Jeremy	0:19:02	13		3:15:28	8			3:34:30	13	0:02:53
Jensen, Christian	dns			3:15:29	10					
Chernenkoff, Markel	dns			3:15:27	6					
Spooner, James	dns			3:15:25	3					
Kowalzik, Paul	dns									
Category 4	Stage 1 TT	#1 Place	Stage 1 Bonus	Stage 2 RR	#2 Place	Stage 2 Bonus	penalty	GC Time	GC Place	time dif
Kluge, Cornel	0:18:00	1	0:00:15	2:12:33	1	0:00:15		2:30:03	1	0:00:00
Power, Michael	0:18:04	2	0:00:10	2:12:38	6			2:30:32	2	0:00:29
Gordon, Bruce	0:18:17	3	0:00:05	2:12:36	4			2:30:48	3	0:00:45
Christie, Chris	0:18:26	4		2:12:46	9			2:31:12	4	0:01:09
Lu, Lincoln	0:18:50	6		2:12:37	5			2:31:27	5	0:01:24
MacNaughton, Shane	0:19:09	8		2:12:34	2	0:00:10		2:31:33	6	0:01:30
Orynik, Adrian	0:19:07	7		2:12:36	3	0:00:05		2:31:38	7	0:01:35
Horn, Mike	0:18:47	5		2:12:38	7		0:00:30	2:31:55	8	0:01:52
Brassard, Joe	0:19:46	9		2:12:40	8			2:32:26	9	0:02:23
Sedgewick, Nathan	dns			2:12:47	10					
Martin, Brenon	0:20:10	10		dnf						
Women	Stage 1 TT	#1 Place	Stage 1 Bonus	Stage 2 RR	#2 Place	Stage 2 Bonus		GC Time	GC Place	time dif
Garnet, Julia	0:18:20	1	0:00:15	2:12:35	2	0:00:10		2:30:30	1	0:00:00
Clarke, Susan	0:18:27	2	0:00:10	2:12:37	3	0:00:05		2:30:49	2	0:00:19
Bunnin, Andrea	0:20:38	3	0:00:05	2:12:33	1	0:00:15		2:32:51	3	0:02:21
Category 5	Stage 1 TT	#1 Place	Stage 1 Bonus	Stage 2 RR	#2 Place	Stage 2 Bonus		GC Time	GC Place	time dif
Pitman, Stephen	0:18:33	1	0:00:15	2:01:14				2:19:32	1	0:00:00
Dekok, Jacob	0:19:01	2	0:00:10	2:01:07	3	0:00:05		2:19:53	2	0:00:21
Orr, Ken	0:19:09	3	0:00:05	2:01:14				2:20:18	3	0:00:46
Patterson, Luke	0:19:26	4		2:01:06	2	0:00:10		2:20:22	4	0:00:50
Urton, Herb	0:20:20	5		2:01:20				2:21:40	5	0:02:08
Wessels, Michael	0:21:06	7		2:01:05	1	0:00:15		2:21:56	6	0:02:24
Kemp, Bruce	0:21:06	6		2:01:14	6			2:22:20	7	0:02:48
Hrynchyshyn, Jeff	0:21:14	8		2:01:14				2:22:28	8	0:02:56
Boldt Arnold	0:21:17	10		2:01:13	5			2:22:30	9	0:02:58
Robinson, Ragnar	0:21:23	11		2:01:14				2:22:37	10	0:03:05
Levett, David	0:21:15	9		2:06:30				2:27:45	11	0:08:13
Wessels, Johann	dns			2:01:23						

McBeath, Clifford	dns			2:01:14					
Norgan, Trevor	dns			2:01:17					
Jeffery, Bill	dns			2:01:07	4				
Levett, Paul	0:23:21	12		dnf					
Cooley, Hannah	0:24:01	2	0:00:10	2:01:29	1		2:25:20	1	0:00:00
Theed, Kathryn	0:23:11	1	0:00:15	2:03:35	2		2:26:31	2	0:01:11
Orr, Muriel	0:25:18	3	0:00:05	2:48:53	3		3:14:06	3	0:48:46

## AGM 'Cross + CIBC Run For The Cure Hosted By Cycledelia

When: Saturday, September 20<sup>th</sup>

Location: Lakeview Park, outside the Lakeview civic centre

Sign on: 1:00

Race: 2:00

Cost: \$15 for Cycledelia members, \$20 for non-members

A portion of the entry fees for this event will be donated to the Canadian Breast Cancer Foundation's CIBC Run For The Cure fundraiser. Come out for a great race and to help out for an even better cause.

## Saskatoon Double Cross Hosted By Cycledelia and Bike Doctor

When: Saturday, October 18<sup>th</sup> and Sunday, October 19<sup>th</sup>

Location: Diefenbaker Park (both days)

Sign on: 10:00

Race: 11:00

Cost: \$10/race for Cycledelia members, \$15/race for non-members

Details will be posted to <http://www.cycledelia.ca/>

## Dutch Cyclocross Classic

The Offroad Syndicate and Regina Cycle Club have joined forces to bring you a quality DoubleCross weekend. Dutch Cycle is providing some great draw prizes, so you won't want to miss it!

Regina DoubleCross Weekend: October 4/5, 2008

Where: Douglas Park, Regina (McDonald and Assiniboine Ave, use Douglas Park Track and Field parking lot)

Registration: ~10:00-11:00am

Race Start: 12:00am Price: \$10

**Granny's Oak Twister**  
**August 10<sup>th</sup>, 2008, Sask Cup Mtb 5, Esterhazy**  
**Brought to you by Dutch Cycle & East Qu'Appelle Cartel**

<b>Senior Elite Men</b>	Place	Time	Aldrich, Jayden	2	1:13:46
Zetterstrom, Cory	1	1:52:15	Robinson, Ragnar	3	1:19:38
Trask, Jeremy	2	1:58:30	Coutu, Andre	4	1:48:27
Erdmann, Jeremy	3	2:00:28	<b>Senior Sport Men</b>	Place	Time
Abrahamson, Kris	4	2:09:09	Kornega, Justin	1	1:16:20
<b>Senior Elite Women</b>	Place	Time	Norgan, Trevor	2	1:33:17
Musyj, Erica	1	1:48:27	van Ginneken, Jay	3	1:55:50
<b>Senior Expert Men</b>	Place	Time	<b>Master Spt Men 30-39</b>	Place	Time
Derksen, Ryan	1	1:42:30	Bimson, Curt	1	1:36:42
Bitschy, Dave	2	1:44:00	Meban, David	2	1:40:45
MacNaughton, Shane	3	1:46:59	<b>Men Master Sport 40-49</b>	Place	Time
Martin, Brennon	4	1:58:51	Landine, Tom	1	0:56:21
<b>Junior Expert Men</b>	Place	Time	Anderson, Phil	2	0:56:25
Winter, James	1	1:32:56	Aldrich, Orville	3	1:13:51
Cooley, Stephen	2	1:42:09	<b>Men Master Sport 50+</b>	Place	Time
<b>Master Expert Men 30+</b>	Place	Time	Wall, Kim	1	0:56:26
Taylor, Scott	1	1:52:16	Landine, Pat	2	1:11:12
Vircavs, Rick	2	2:00:35	<b>Mast Expert Wom</b>	Place	Time
<b>Master Exp Men 40+</b>	Place	Time	Johnstone, Hilary	1	1:12:41
Malan, Albert	1	1:14:14	Theede, Kathryn	2	1:12:42
Peralta, Pedro	2	1:14:40	<b>Under 17 Expert Women</b>	Place	Time
Zack, Terry	3	1:17:11	Cooley, Hannah	1	1:15:33
Wolf, Tom	4	1:21:19	<b>Under 15 Male</b>	Place	Time
Dyck, Darren	5	1:27:40	Smith, Dylan	1	0:55:54
Cooley, Ron	6	1:32:40	<b>Under 17 Sport Male</b>	Place	Time
<b>U17 Expert Male</b>	Place	Time	Wall, Kris	1	0:30:18
Johnson, Matt	1	1:09:31			

### BCW Criss Cross, Cyclocross Provincials

October 26, 2008, Lakewood Park, Saskatoon

Don't miss this chance to race Lakewood like you've never seen it before.

Cash prizes for 1st place finishers in each category *and* cash prizes to random draw placings.  
**Cash prizes are only available to be won by those who pre-register!**

For each new person or non-active racer you help sign up to race,  
*both you and the new racer* receive \$5 back.

*Please have the new person indicate you recommended them on their race entry form.*

Race Location	Lakewood Park (register in the Lakewood Civic Centre)	
	Chili Lunch to follow at Lakewood Civic Centre (awards & prizes)	
Race & Dinner Price	\$20.00	if received by Wed, Oct 22
	\$25.00	if received after Wed, Oct 22
Extra Chili Dinner Tickets	\$5.00	Purchase in advance at Bruce's Cycle (or add \$5 & indicate on entry form) ** only 10 tickets available race day
Registration - 10:00 - 10:30 AM	Race Start - 11:00 AM	Chili Dinner - 12:30 PM

Questions? Email [susan@biking.org](mailto:susan@biking.org)

Registration form on the next page.

**BCW Criss Cross Provincials Racing Form**

This race was recommended to me by: \_\_\_\_\_ (name of racer).  
 I would like to purchase an extra Chili Dinner ticket (racers get dinner included) - Y/N (please add \$5)

Use this form to enter any Sask Cycling Cycle-Cross event. Fill in your personal information, add the race details and send a signed copy (with the appropriate entry fee) to each race organizer, do not forward this form to the SCA office. Do not photocopy a signed form.

Name and date of the event \_\_\_\_\_ Entry fee: \$20 (\$25 after Oct 22)  
 Print: Name: \_\_\_\_\_ Club: \_\_\_\_\_ Phone # \_\_\_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 E-Mail address \_\_\_\_\_ check one: Male\_\_ Female\_\_ Date of Birth D/M/Y \_\_\_\_\_ Race Category \_\_\_\_\_  
 Team/Club \_\_\_\_\_ UCI# \_\_\_\_\_

**WAIVER, RELEASE & INDEMNITY**

I, \_\_\_\_\_ understand and agree that my participation in events, programs, races, or activities organized, operated, conducted and/or sanctioned by the Canadian Cycling Association and/or Provincial Associations and Various CCA Clubs and Members registered with CCA is conditional upon my execution of this document.

1. I am aware that cycling, and in particular competitive cycling, endurance and BMX racing, involves the possibility of injury or death.
2. I accept these risks, and all others arising from these events and programs, even if arising from the *negligence, gross negligence or negligent rescue* by those associated in any way with the **Canadian Cycling Association and/or Provincial Associations and Various CCA Clubs** events and programs I may be involved in, the venues at which these events and programs takes place or by those organizing, officiating, or participating in these events and programs throughout the year, including their respective officers, directors, employees, agents, servants, volunteers and representatives (the "Releasees").
3. I understand that all applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year.
4. I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, at any time, at any event or program, I feel unable or unfit to safely continue for any reason.
5. I give, a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against **Canadian Cycling Association, and all other Releasees** from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of the events or programs or my presence at any venue at which they may take place, due to any cause whatsoever including the forms of negligence set forth in paragraph 2 above or from any breach of contract or statutory duty or other duty of care including any duty of care owed under the relevant Occupier's Liability Act, on the part of the Releasees.
6. I AGREE NOT TO SUE and I further agree TO INDEMNIFY AND SAVE HARMLESS the Releasees from all expenses, fees, liability or damage award or cost of any type whatsoever arising from my participation in these events or programs.
7. I HAVE READ AND UNDERSTOOD THIS WAIVER, RELEASE AND INDEMNITY. I am aware that by signing this agreement I am waiving substantial legal rights (on my behalf and on behalf of my heirs, executors, administrators and next of kin), including the giving up of my right to sue.
8. I release in my name and in that of my heirs executive and administrators of my will the CCA, its agents, employees, officials and commissaries, representatives and successors as well as any other organization, company, society enterprise, association or person directly or indirectly involved in the present competition, all responsibility in the case of bodily or material harm occurring during the said competition and concerning me. I have read the CCA rules and completely understand all conditions and agree to respect and abide by them.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**PARENTAL CONSENT FOR MINOR PARTICIPANT and INDEMNITY AGREEMENT**

I have read and understood the above waiver, release and indemnity, and have discussed the same with the minor person signing above. I am satisfied the said minor understands the waiver and release and his/her obligations as set out. In consideration of the participation of my minor child/ward I too agree to waive, release and indemnify the Releasees in the terms set out above. I am aware that by signing this agreement I am waiving substantial legal rights, which my minor child/ward and I, our respective heirs, executors, administrators and next of kin may have against the Releasees.

SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

## Sask Cycling Events Calendar

### August

23-24 Mtb 6 Provincials -PA, Rock'n'Rd/Fresh Air  
30-31 Prov RR/15K

### Sept

6 XC8 OffRoad Syndicate  
7 Harvest Century Ride  
20 Cx1 AGM Cross - Saskatoon  
21 AGM, Saskatoon, Cycledelia  
28 The Buffalo 60 - 60k one loop course

### October

4-5 Cx 2/3 - Regina Double Cross, OffRoad  
11-12 Cyclo-cross Nationals Edmonton [www.juventus.ab.ca](http://www.juventus.ab.ca)  
19 Cx 4/5 - Saskatoon Double Cross, Cycledelia  
26 CX 6 - Provincial Cross - Saskatoon, BCW

## Newsletter Submission dates

All dates are approximate

Prairie Pedaler (1 copy/household)

Issue	Submission Date	Mailing Date
08-03	December 12	December 16



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