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For Immediate Release



Saskatchewan Cycling Association awards 2013 achievers at AGM

The Saskatchewan Cycling Association awarded trophies to its top volunteers during its annual general meeting held on Sunday, March 30th, 2014

Outstanding Volunteer in the Road Sector Award - Winner Karen Cranston, Saskatoon

The purpose of this award is to recognize the outstanding volunteer contribution in the Road Racing/Track/Cyclo-Cross sector.

As a second time winner of this award, Karen continues to have an impact on our road and cross sector as a race official, the Association would be lost without her. Additionally this nationally certified Road official continues to facilitate the SCA's Road official's course.



Susan Clarke presenting Ron Cooley with the Cameco Volunteer Award

Outstanding Volunteer in the Recreation & Transportation Sector – Winner Kathryn Theede, Saskatoon

The purpose of this award is to recognize the outstanding volunteer contribution in the R & T sector.

Kathryn's involvement in the mountain biking sector has been vast and her impact has been amazingly positive. Kathryn has served as Vice President, President and now, Treasurer of the NBR Mountain Biking Club. She has stepped up to assist the SCA Technical Committee, she volunteers to help coach the NBR Women's Ride and BCW Thursday Night Cross Practices and she does it all with great spirit.

Cameco Volunteer Award – Winner – Ron Cooley, Saskatoon

The purpose of this award is to recognize the outstanding volunteer contribution in the Mountain Bike sector.

Ron Cooley has been involved with Sask Cycling for many years, but this year has been a most significant one in Ron's volunteer career. He not only took on the job of Chief of Commissaires, he also volunteered as a commissaire at many of the mountain bike

Ron Cooley presenting Susan Clarke with the President's award

races. This might not seem so exceptional, but to top it off, he kindly stepped into the SCA's President' roll when we had a sudden vacancy and he didn't stop doing all of the other stuff we mentioned. Oh so appreciated!

President's Awards – Winner Susan Clarke, Saskatoon

The purpose of this award is to recognize outstanding volunteer contribution toward the overall development or progress of the SCA and can only be received once in a life time. This contribution may include development of a club, sector, committee, event, athlete or team, etc.

Susan Clarke is an outstanding candidate for the President's Award, tirelessly promoting the progress and development of cycling in Saskatchewan.

On the club level, her influence on the cycling community is greatest through her involvement in the NBR and BCW clubs where she published frequent club newsletters, sits on club executive and is instrumental in organizing numerous races and



training events. She is also a strong mentor for riders of all ages in every cycling sector.

At the SCA level, Susan has been a member since 1999. Susan is a Level 3 NCCP Cycling coach and has attended as coaching staff the 2003 Western Canada Summer Games and the 2005 Canada Summer Games. She continues to help the Association as the facilitator for the new coaching courses.

Overall, Susan' passion for cycling is infectious to all who meet her and she is well deserving of this award

The Saskatchewan Cycling Association awarded plaques to three members, in recognition of long-term volunteer service. On Sunday, plaques were awarded to:

- Kathryn Theede, Saskatoon – 5 years
- John Oneschuk, Saskatoon – 5 years
- Bob Cochran, Regina – 15 years



Bob Cochran with his 15 year volunteer gift